

Bike ride Moscow-Oslo-New York-Washington DC 2023

Bike for Peace Norway is planning a new international peace ride between Russia and USA in 2023. Here is our proposed route. We have a great organizer in Russia and we are working to get a good program in Sweden and USA as well.

We arrive in Moscow on the 6th of July 2023. The 6th of August we plan to arrive in Washington DC 6th of August and have meetings there on the 7th and 8th of August.

6th of July: Arrival in Moscow.

7th of July: Meetings and sightseeing in Moscow.

8th of July: Bicycle tour of Moscow, Tver 30 km. We start with a bicycle tour of Moscow along rivers from the hotel to the Victory Park. We will pass the Kremlin, Gorky Park, Vorob'evy hills with a view point of Moscow. After a lunch we will take a bus to Tver (200 km), old city on the Volga, a capital of the region. After settling down at the hotel in the center of the city we go to a guided walking tour of Tver including a dinner cooked by old local recipes.

9th of July: Torzhok, 64 km. A short transfer to Mednoe memorial (30 km). After visiting the Memorial of mass repressions we ride to Torzhok by a quiet road through a forest. On our way we will stop near house-museum of famous Russian opera singer Sergey Lemeshev. Torzhok – an old Russian town, famous for its unique architecture and folk craft of gold work embroidery. We have a guided tour of the town. Chicken cutlets (called Pozharskie) were invented here. Great Russian poet Alexander Pushkin used to eat them here. We have a master class of cooking them. We stay in the hotel in an old historic building in the center of the town.

10th of July: Lake Seliger, 35 km. We start a day with bus transfer to Seliger lake (140 km). We visit the Saint Nil monastery Overnight in a country hotel near lake Sig. You may try a real Russian steam bath (banya).

11th of July: Staraya Russa, 60 km. Transfer to Korpovo (120 km). From there we cycle to Staraya Russa– around 60 km by a good quiet road. Staraya Russa is an old provincial town famous for a balneological (spa) resort and Fedor Dostoevsky museum. Fyodor Dostoevsky used to live in Staraya Russa from 1872 till his death in 1881. He wrote here his novels The Brothers Karamazov

and *The Possessed*. After settling in the hotel we walk in the spa resort with mineral water tasting. We visit a tourist center where we taste products produced at local companies. Dinner at 19.30 at the best city restaurant.

12th of July: Veliky Novgorod, 35 km. After visiting Dostoevsky museum there is a short bus transfer to Borki (75 km) from where we cycle a scenic road along lake Ilmen to Veliky Novgorod (35 km). On our way we stop in Ur'evo to see the oldest Russian monastery and the open-air museum of wooden architecture "Vitoslavitsy". Veliky Novgorod is one of the oldest Russian cities supposed to be the most influential in that time which gives us grounds to call it the first capital of Russia. The center of the city including outstanding Kremlin is World Heritage Site. We stay in a hotel opposite to the Kremlin. City-tour in Novgorod with a local guide.

13th of July: 58 km. You start in Novgorod and cycle to Selistchi along Volkhov river by quiet road. We finish near ruins of Arakcheev barracks From there we will take a bus to St. Petersburg (150 km). Night bridges opening watching (optional).

14th of July: St. Petersburg. 30 km Bicycle tour in St. Petersburg.

15th of July: Bike from St. Petersburg to Zelenogorsk. 70 km. Then drive to Vyborg

16th of July: Vyborg- Torfyanovka, 65 km. We cross the Russian-Finnish border. Bike 10 km to Virojoki for overnight stay.

17th of July: Virojoki- Loviisa, 90 km.

18th of July: Loviisa- Helsinki, 90 km. Meeting and sightseeing in Helsinki and take the boat to Stockholm in the evening.

19th of July: Meeting in Stockholm. Bike to Kallhall. 26 km.

20th of July: Kallhäll - Ostra Sala. 93 km.

21st of July: Östra Sala- Hedemora. 57 km.

22nd of July: Hedemora-Falun. 50 km.

23rd of July: Falun- Myrbacka. 92 km.

24th of July: Myrbacka- Vagsjofors. 116 km.

25th of July: Vagsjofors- Kongsvinger. 96 km.

26th of July: Kongsvinger – Eidsvoll (60 km), bike further 13:00 to Lillestrøm. Arrival 16:00.

27th of July: Lillestrøm- Oslo. 21 km.

28th of July: Free day in Oslo.

29th of July: Fly to New York.

30th of July: Meeting and sightseeing in New York.

31st of July: Meetings and sightseeing in New York.

1st of August: New York- Princeton. 90 km.

2nd of August: Princeton- Philadelphia. 85 km.

3rd of August: Philadelphia- Newark Delaware. 85 km.

4th of August: Newark Delaware –Aberdeen 43 km

5th of August: Aberdeen- Baltimore. 50 km.

6th of August: Baltimore- Washington DC. 75 km.

7th of August: Meeting and sightseeing in Washington DC.

8th of August: Meeting and sightseeing in Washington DC and maybe fly home.